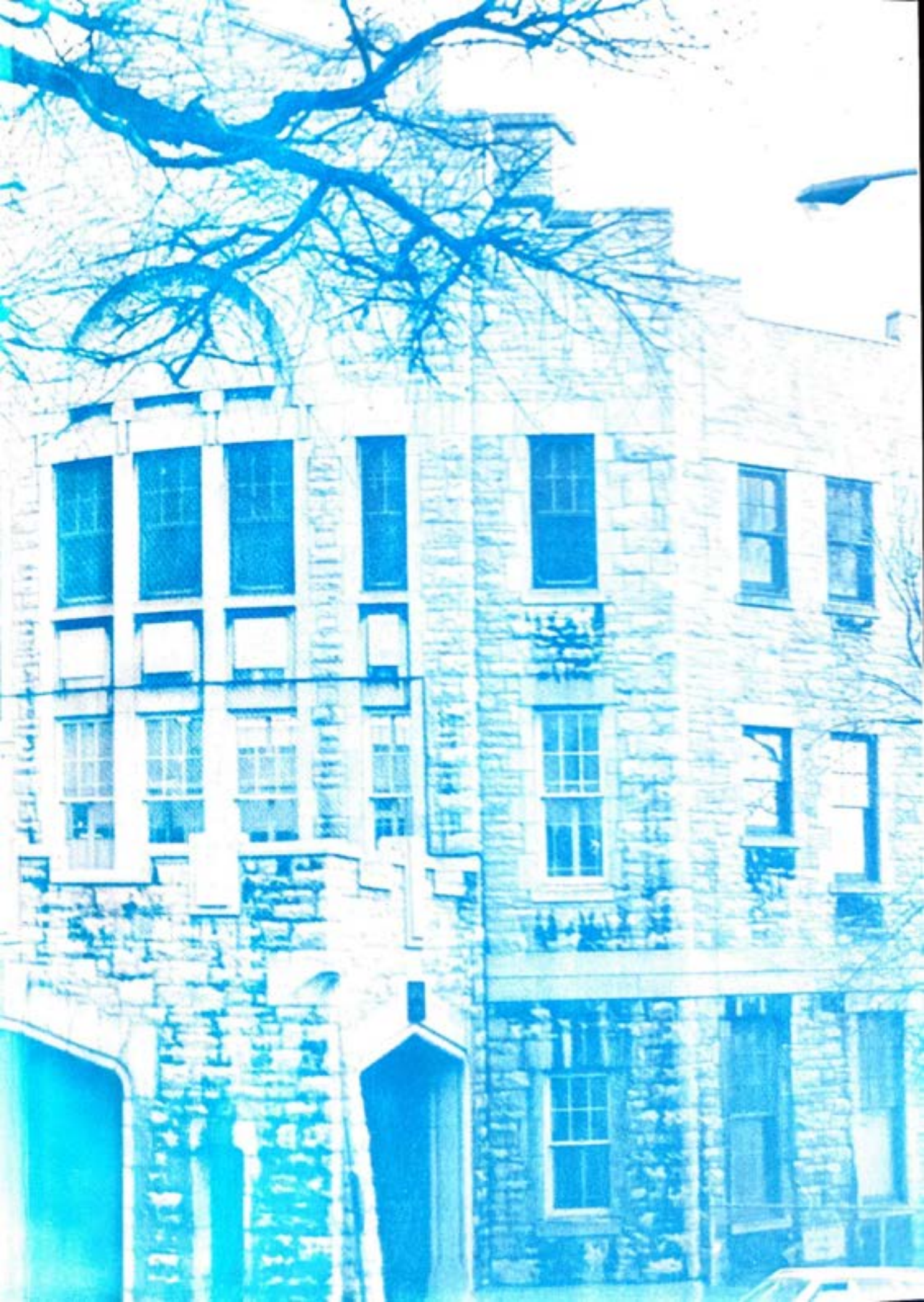
FRIENDS '78



CONVENT OF THE SACRED HEART

MONTREAL, QUEBEC

WORDS OF WISDOM

Graduates of 1978, may the friendships of your Convent days ever grow deeper in the memory of all you have shared together. Our hope is built on our memories and without memories, there are no expectations. The great mystery of our faith and the hope and expectation of our friendships is that God entered into friendship with us in His Son, Jesus.

"I shall not call you servants.....I call you friends."

May the memory of Jesus guide you, and give you hope and confidence, so that in the midst of a faltering and dark world, you will:

"ACT JUSTLY
LOVE TENDERLY
WALK HUMBLY WITH YOUR GOD."

J. McCarthy, R.S.C.J.

To the Graduates of '78:

Friendship is a sheltering tree - the gift of self. To be a "sheltering tree" is to be a support, a comforter, a tower of strength, "a carer" and a "sharer". I wish you the gift of friendship with its joys and sorrows - above all, make of Jesus a friend and all will be well. May God bless each one with that most precious possession - the gift of friendship.

M. Johnson, R.S.C.J.
Headmistress

"Friendship" - what a lovely theme for a high school yearbook. As the class of 1978 graduates and looks back over the years, my hope is that those years will have been filled with friendships - some strong and very meaningful and lasting but all special in their own little way.

My very best wishes go out to each and every one of you and remember that as Alumnae you will always be "special friends of the Sacred Heart".

C. Barbara Joy
Director of Studies

FOR OUR FRIENDS

Who've changed us,
Who've awakened us
And through whose love we've found
the roads which lead to ourselves
And a reason to travel them.

CYNTHEA ALEPIN STUART

CLAIMS TO FAME: Lasting 10 years at C.S.H.....Being "Head Turkey".....
Skating.....Dancing.....Looking older than 16.....Messing up "The Regulation"
.....Always having something to smile about.
AMBITION: To travel as far as she can and meet as many people as possible.
DISLIKES: Being totally unphotogenic.....Saying Good-Bye.
COMMENT: Too many people to thank in such a small space. Just remember your names are printed in my heart.

NAIRI ASSALIAN SHELDON

"Just remember love is life
And hate is living death
Treat your life for what it's worth
And live for every breath."

Black Sabbath

CAROLINE BAGDOO STUART

NICKNAME: Caro
CLAIM TO FAME: Having the same math teacher for the last four years.
LIKES: Carrot cake, skiing, tennis, dogs, the Beatles.
DISLIKES: Biting her nails, cats, homework, disco music.
CHERISHED MEMORIES: Waiting for the 144 with Anne-Marie.

GINA BERTOZZI DUCHESNE

CLAIM TO FAME: Laugh, donuts.
LIKES: Food, a good time, crazy people.
DISLIKES: People who cut their spaghetti.
AMBITION: To understand people.
PROBABLE DESTINATION: Trying to understand myself.
COMMENTS: You will only achieve a goal with plenty of ambition, work, hope, and most of all by the will of God. Good luck graduates, my best to all of you. There is no such thing as an ugly person - only an ugly heart.

NATALIE BOWEN TRINCANO

NICKNAME: Tigger, Nat-Bat.
PROTOTYPE: Twiggy.
CLAIM TO FAME: English Comps., and big lunches.
FAVORITE SAYINGS: "I really like him you know.", "Well? ", "Pounce! "
LIKES: Smarties, rollerskating, candy bashes, boys, the house at Pooh Corner.
AMBITION: To join Weight Watchers.
PROBABLE DESTINATION: Failing the Entrance Exam.
COMMENT: I'm going to miss you all when I'm gone.

CARMELINA CALABRESE DIGBY

LIKES: Taking candy from Mother Johnson's candy jar.
DISLIKES: Finding no candy in Mother Johnson's candy jar.
AMBITION: Business Woman.
COMMENT: "There are loyal hearts, there are spirits brave
There are souls that are pure and true;
Then give to the world the best you have
And the best will come back to you."
Madelaine Bridges
Life is to be fortified by many friendships. To love and to be loved is the greatest happiness of existence.
Sydney Smith

MARIA CAMINITI SHELDON

"I'm sailing away
Set an open course for the virgin sea
For I've got to be free
Free to face the life that's ahead of me
I look to the sea
Reflections in the waves spark my memory
Some happy, some sad
I think of childhood friends
And the dreams we had."
Denis de Young
Styx
The Grand Illusion

LOUISE CARRIER BARAT

Dreaming of the future
Thinking of the past
Memories of good and happy times
And blurred vision not so grand
A search for tomorrow
Buried in my cast
Yet my time comes so quickly
And goes by so fast
Friends will come and go-
So I question the future
Forget about the past
Today is today so try to make it last.

BEVERLY COOK du ROUSIER

Now I see myself as I am
Feeling very free.
Life is everything it's meant to be
When my tears have come to an end
I will understand what I left behind
Part of me
Now I know my life has meaning.

Chicago

CATHERINE CREIGHTON DIGBY

NICKNAME: Cookie.
CLAIM TO FAME: Music Group.
PROTOTYPE: Barbera Walters.
PET PEEVE: Did anybody ever tell you you're short?
LIKES: The four B's - Beatles, Bee Gees, Beach Boys and boys.
AMBITION: Rock star and/or Hollywood actress.

People searching everywhere
Trying to find what isn't there
Living in dreams of fantasy
Running away from reality.

ROSEMARY CUTHBERTSON HARDEY

Rosebud, Roe, Rose, Rosie Roosevelt....Few pronounce her real name correctly. Enjoys asking a multitude of questions in Math and Physics. Hates mustard (okay!). Follows in the hallowed footsteps of the Cuthbertsons. Likes scrambling eggs.

"And must we part?
Well if we must, we must. And in that case
The less said the better."

R.B. Sheridan

DARYL LYNN DAGENAIS HARDEY

FAVORITE SAYING: It should prove to be interesting.
LIKES: Concerts, dogs, making people smile, skiing, hospitals and chocolate chip squares.
CHERISHED MEMORIES: My friends and all the good times that we've had.
COMMENT: It is better to be short and shine than to be tall and cast a long shadow.

"Don't believe it till you've held it
Life is seldom what it seems
But lay your heart upon the table
And in the shuffling of dreams
Remember who on earth you are."

E.L.P.

FILOMENA ALICE DA ROCHA DIGBY

"Il faut toute la vie
pour apprendre à vivre."
Sénèque

"Life is to be fortified by many friendships. To love, to be loved is the greatest happiness of existence."

Sydney Smith

SUZANNE DeROME DUCHESNE

NICKNAME: Suzy.
FAVORITE SAYING: I'm thrilled, Whatever....Anyway....Not quite!
COMMENT: If you don't know it now you never will.
QUOTE: "I live for those who love me,
For those who know me true,
For the bright hopes yet to find me,
And the good that I can do."

G.L. Banks

CATHY DIAMOND HARDEY

LIKES: Chocolate, spaghetti, red pens, cross-country skiing.
DISLIKES: Cough drops.
CHERISHED MEMORY: When I became as tall as everyone else.
"Blessed is the person who can laugh at himself,
He will never cease to be amused."

KIM DRUMMOND DIGBY

PROTOTYPE: Carly Simon.
AMBITION: Photographer.
PROBABLE DESTINATION: Cashier at Direct Film.
COMMENT: Thanks to my parents and friends.
QUOTE: "....never wait or hesitate
get and give before it's too late
you may never get another chance
'cause years a mask and it don't last
live it long and live it fast."

Rod Stewart

LAURA DUGGAN DUCHESNE

"Breathe, breathe in the air
Don't be afraid to care
Leave but don't leave me
Look around and choose your own ground
For long you live and high you fly
And smiles you'll give and tears you'll cry
And all you touch and all you see
Is all your life will ever be."
"Dark Side of the Moon"
Pink Floyd

KAREN ENGLISH SHELDON

CLAIM TO FAME: Giggling, being uncoordinated.
PET PEEVE: Being told that I have hamster cheeks.
COMMENT: I have spent nearly my whole life here and now the day has come. I know I have to leave. It saddens me to think that these walls will no longer surround me. I shall think of this castle and Remember....

FRANCINE ELVIDGE DUCHESNE

LIKES: Soccer, M&M's, sunshine, snowstorms, real Italian spaghetti, and those of you who make me laugh!
DISLIKES: "CRUTCHES! ! ! !"
CLAIM TO FAME: Pressdent of the Ski club, and does not ski, but not from lack of trying.
COMMENT: "I knew that I was found,
When you came around,
Now I have a Special Friend."
John Takacsy

DAPHNE FAGAN BARAT

CLAIM TO FAME: Being a natural blonde, cheese sandwiches, having a sister in the same grade as me.
PET PEEVE: Waking up in the morning for school.
LIKES: Dancing, parties, playing squash, skiing, and gymnastics.
FAVORITE SAYING: "Um....that's life....."

DEBORAH FAGAN BARAT

CLAIM TO FAME: Peanut butter and honey sandwiches; four sisters.
PET PEEVE: Being asked if I have naturally curly hair (yes).
LIKES: Junk food, dancing.
DISLIKES: Freckles, diets.
COMMENTS: Peggy: we're two of a kind.
Jocelyn: keep up your good work.
Daphne: you finally made it.
Tara: you'll always be my "adopted" little sister.

CAROLYN FARHA SHELDON

If you wake up and don't want to smile,
If it takes just a little while,
Open your eyes and look at the day,
You'll see things in a different way.

Don't stop, thinking about tomorrow,
Don't stop, it'll soon be here,
It'll be better than before,
Yesterday's gone, yesterday's gone.
Fleetwood Mac

JOANNE FOLEY DIGBY

"Time passes much
to quickly when
we're together laughing."
Robert Lamm
"Chicago"

SUZANNE FORTIER BARAT

Sue is Barat's glorious co-captain - the only one who wears her armband! "Anyway". The only one who smiles while dancing. Can't make up your mind? Sue will make it up for you! "We just have to go and that's FINAL." Her chocolate chip cookies are the best. Sacred Heart's answer to Jack Nicklaus. Sue can be found raiding Mother Johnson's candy jar with Maureen. Her Bic Banana - will it or will it not run out by the end of the day? "It's really, really, really..." Remember Chateau Cadillac? "Oh well that's life, eh? "

KAREN GAGNON STUART

and in the end
the love you take
is equal to the love
you make.

Good-Bye, everybody.
Thanks to all my friends.

MARIE GENEST STUART

"Laughter is not at all a bad beginning for a friendship, and it is far the best ending for one."

Oscar Wilde

CHRISTINE GERBER DuROUSIER

NICKNAME: Chris, Gerb, Gerbie, and Kikine.
PROTOTYPE: The one and only!
FAVORITE SAYING: "What can I say? "
PET PEEVE: Being called Christina!
LIKES: Aerosmith, skiing and black Trans AM's.
DISLIKES: My hair going "freak".
AMBITION: Optometrist.
PROBABLE DESTINATION: Wearing glasses.
COMMENT: It's been a riot!

TRACY GOODLEAF DIGBY

I am not who I was
I am not going to be who I was going to be, you changed all that
You are not who you were; you are not going to be who you were going to be. I changed all that.
What is, is...and cannot at the same time not be.
What was, was...and cannot have been, so you see my friends
We are us, we are us now and we shall never have been not us.
Who are we going to be?
We are going to be who we never would have been without each other.

Anonymous

LOUISE GUILBERT HARDEY

"You've got to watch
The path you walk
And never look behind.
Though darkness seems
To cloud your sight,
You know the sun has shined.
Zida Artip

HÉLÈNE HAMEL DUCHESNE

"Blackbird singing in the dead of the night,
Take these broken wings and learn to fly,
All your life you were only waiting for this moment to arrive,
Blackbird fly, Blackbird fly into the arms of the dark night."
The Beatles

"You say it's very hard to leave behind the life we knew.
But there's no other way and now it's really up to you.
For seasons come and seasons go.
Bring faith the rain, the sun and snow."
Elton John

ANNE-MARIE HÉBERT SHELDON

NICKNAME: Bert
CLAIM TO FAME: My beige cords.
FAVORITE SAYING: "Bon, on prend la pose."
AMBITION: Dentist.
PROBABLE DESTINATION: Marrying my one and only client.
PET PEEVE: Disco freaks.
QUOTE: "There are two ways of spreading light;
to be the candle or the mirror that reflects it."
Edith Whanton

BETH HEMENS DIGBY

"So I'll laugh while the laughin's easy
I'll cry if it makes it worthwhile
We may never pass this way again
That's why I want it with you."
Seals and Crofts

To Secondary Five: "It's not red, it's strawberry blonde! "
To Mrs. Cochrane: Thanks for making it all "Bear"able.

BRENDA IREDALE HARDEY

NICKNAMES: Bren, "B", Ireda, Bendy, Ben, Benny, Bwen, Renda.
LIKES: Skiing, skateboarding, all sports, winter snow, green, dogs, people.
DISLIKES: Complexes, not skiing, rain, macaroni and cheese.
FAVORITE SAYINGS: Go for it,K? yip yip that's right, well well said the brown cow, anyways.

If you think your life is complete confusion
'cause your neighbor's got it made
Just remember that it's a Grand Illusion
Deep inside we're all the same.

Styx

KRISTINA JERABEK SHELDON

NICKNAME: Kris, Krissie.
PET PEEVE: When teachers write "Nice Try" on essays.
LIKES: Barry Manilow, James Hunt, Frozen yogourt and New York City.
DISLIKES: Crabby people.
AMBITION: Interior Decorator.
COMMENT: I'd like to thank my parents, Mother Johnson and the Faculty for everything.
QUOTE: "Wouldn't trade away a day of what we had! "
Barry Manilow

SIOBHAN KEARNS BARAT

NICKNAME: Si.
CLAIM TO FAME: Breaking little toe in gym; breaking rib falling off her horse.
PET PEEVE: Being tallest in her class since kindergarten.
DISLIKES: People pronouncing her name incorrectly.
COMMENT: "We finally made! "
QUOTE: "If you love something, set it free
If it comes back, it is yours
If it doesn't, it never was."
Anonymous

RENÉE KIERANS BARAT

Renée is known for laughing at jokes that were told a year ago. And when she laughs, one doesn't have to look to see who it is because her laugh is so um....different! She has also been known to break into spontaneous spurts of tap dancing. She is very sensitive about the mispronounciation of her name so.....don't call her Renny!

JANET KLODNISKI TRINCANO

"Suddenly my world's gone and changed its face
but I still know where I'm going.
I have had my mind spun around in space
yet I've watched it growing.
Should we try to stay or should we run away
or would it be better just to let things be.
And just maybe I can convince time to slow up.
Giving me enough time in my life to grow up.
Time be my friend - let me start again.
Living here in this brand new world might be a fantasy
but it's taught me to love so it's real-real-real to me."

"Home" from "The Wiz"
Charlie Smalls

JULIE KLUCINSKAS DIGBY

Let the disappointment pass
Let the laughter fill your glass
Let your illusions last until they shatter,
Whatever you might hope to find
Among the thoughts that crowd your mind
There won't be any that ever really matter.

Jackson Browne

KATHY LAWRENCE DuROUSIER

NICKNAME: Dear.
PROTOTYPE: "Everybody's friend".
CLAIM TO FAME: My freckles.
FAVORITE SAYING: Oh Brother!
PET PEEVE: Being exposed to cookies and cakes!
LIKES: Concerts, Sports, and diets.
DISLIKES: Social tests and people without a sense of humor.
AMBITION: Speech and audio therapist.

PETRINA LEE POY BARAT

It's comforting when trouble comes
To share it with a friend;
To talk it over, bit by bit,
With someone who will spend
A while with you until you see
More clearly what to do,
And strength and courage for the task
Are somehow given you.
Yes, troubles seem less hard to bear
If someone will your burden share.

ANN LETOURNEAU BARAT

CLAIM TO FAME: Carrying my desk around with me.
PET PEEVE: Those Chem Study Achievement Tests!
AMBITION: Astronaut.
COMMENT: "A little nonsense now and then
Is relished by the wisest men."

NADINE LOCAS TRINCANO

Five years did pass within those old gray walls
Five days a week 9 months a year
Could those years have flown so fast?
Can tomorrow be so near?

And yet, regretting that my time has come
To break old bonds and start anew
I still will have those high school days
Locked deep within my memory.

ELIZABETH LUTFY SHELDON

Better than the Gold of Kings
Are Memories
of Happy Things.
B. Clark
To end is but to start.
E.L.P.

LAURA ELIZABETH MacKINNON TRINCANO

"If you wake up and don't want to smile,
If it takes just a little while,
Open your eyes and look at the day,
You'll see things in a different way."
Fleetwood Mac

LYNN McELLIGOTT DuROUSSIER

NICKNAME: Linny, Lin-Bin, Linneous, Linda, Togi.
CLAIM TO FAME: Herashio.
FAVORITE SAYING: My Lynn is name.
LIKES: Hockey, music, dancing, meeting people, being a prefect, food, drawing, painting.
DISLIKES: Social Tea Cookies!
CHERISHED MEMORY: Meeting Styx.
QUOTE: "Memories...if we had the chance to do it all again could we, would we? "

Barbara Streisand

JULIA MERGLER DuROUSSIER

NICKNAME: Jules.
CLAIM TO FAME: Blushing.
AMBITION: Commercial Artist.
CHERISHED MEMORY: September 8, 1977.
COMMENT: Kristina: Thanks for all the wonderful times.
QUOTE: "To think I had it all, all the time."

Barry Manilow

PATRICIA MICKS STUART

Just as your hand, held before the eye,
can hide the tallest mountain, so this
small earthly life keeps us from seeing
the vast radiance that fills the cone of
the universe.

Nachman of Bratslav

LIANE MIZGALA HARDEY

LIKES: Red pens and Cough Drops.
CHERISHED MEMORY: Trip to France 1977.
QUOTE: "All by myself I think of you,
Think of the things we used to do,
Think of the things we used to say,
Think of each happy bygone day.
Sometimes I sigh and sometimes I smile,
But I keep each olden, golden while.

Wilbur D. Nesbit

ANDREA MULHERIN TRINCANO

NICKNAMES: Bobby, "A", Red, CCB, Booh, Brige-ite, Drea.
LIKES: Bubblegum, skateboarding, hooraing, skiing, talking, junk food, being "short and sassy".
COMMENT: "Hold on to what you believe in."
Dan Hill
QUOTE: "Happiness is like a butterfly. The more you chase it, the more it will elude you. But if you turn your attention to other things it comes and sites softly on your shoulder."
L. Richard Lessor

GENEVIEVE PAQUIN TRINCANO

PROTOTYPE: Grande Dame!
CLAIM TO FAME: Always having the giggles.
FAVORITE SAYING: "I'm going nuts."
LIKES: Small cars, French Riviera, Clothes.
AMBITION: Photographer.
PROBABLE DESTINATION: Photographing pygmies in Africa.
QUOTE: "Il est un temps pour réussir dans la vie,
Il est un temps pour réussir "sa" vie."
Unknown

SUZANNE PAQUIN STUART

CLAIM TO FAME: The only one in class having scotch tape; being tidy.
FAVORITE SAYING: "Naturally! "; "Click click."
LIKES: Equitation.
DISLIKES: People leaving her pencil case open; wasps in the classroom.

FIONA PETERSON TRINCANO

NICKNAME: "Hifi", Fido, Stretch.
PROTOTYPE: Tall mysterious blonde.
COMMENT: The permanent temptation of life is to confuse dreams with reality. The permanent defeat of life comes when dreams are surrendered to reality.
Unknown

SANDRA PETTINICCHI STUART

"If one advances confidently
in the direction of his dreams
and endeavors to live a life
which he has imagined,
he will meet with a success
unexpected...."

Henry David Thoreau

MEMORIES: Sec. 2B math games with Miss Khouzam.
Loyola Play in November 1976 and going out with the cast.
The good times I had with my C.S.H. friends at my Sweet 16, in Ottawa and at the concerts Rod Stewart and Chris de Burgh.

IVANA PIVNICKI DUCHESNE

"I'm going home, I'm going home
Oh, the leaves are falling and the wind is calling
And I must get on the road
You'll be alone. You'll be alone
But if your crying to the rhythm of the falling rain
It's alright I'm on my way I'm going home,
I'm going home."

Chris de Burgh

GINA POMPEO BARAT

"Cultivate the freshest flower
this garden ever grew,
Beneath these branches
I once wrote such childish words for you.
But that's okay.
There's treasure children always seek to find,
And just like us
You must have had
"A once upon a time."

Elton John
Curtains

ROBIN POPE DUCHESNE

NICKNAME: Inspector Clousseau.
CLAIM TO FAME: Loud outbursts of laughter with Julie and Monty Python, immitations with Joanne.
LIKES: Old movies, the Eagles, and Nantucket.
DISLIKES: Bird jokes.
AMBITION: Reporter for the CBC.
PROBABLE DESTINATION: Reporter for the Muppet news flash.

"Don't stop thinking about tomorrow
Don't stop, it'll soon be here
It'll be better than before
Yesterday's gone..."

Fleetwood Mac

CLAUDIA RICCHETTI SHELDON

Life differs from the play only in this...
it has no plot...all is vague, desultory;
unconnected...till the curtain drops with the mystery
unresolved.

Bulwer-Lytton

MELINA RIZZUTO DuROUSIER

NICKNAME: Meli.
PROTOTYPE: Sophia Loren.
CLAIM TO FAME: Her heritage.
FAVORITE SAYING: Oh! Non! What test? ?
PET PEEVE: Being one of the four Melina's in school.
LIKES: Food, clothes, parties, and having a good time.
DISLIKES: History, Monday mornings.
AMBITION: Accountant.
PROBABLE DESTINATION: Not being able to add 2 and 2 with a calculator.
QUOTE: "For a friend there's no tomorrow."

MARTHA ROBINSON DIGBY

NICKNAME: Boo, Tooby, Mart, Marfa.
CLAIM TO FAME: Bewilderment, noise.
FAVORITE SAYING: I don't care! What! Huh!
LIKES: Sports, eating candy.
DISLIKES: Talking in front of the school, dinner.
CHERISHED MEMORIES: Trip to France, Dances.
COMMENT: "Keep on Trucking."

MAUREEN ROURKE SHELDON

Alias leader of the turtle pack, Maureen has the talent of the Bionic Woman as she nudges people in the arm. (Lift those casts up!) Known for saying on Monday mornings: "only 102 hours until the weekend", being one of those blondes, a strong liking for the color green. One of Mother Johnson's candy jar raiders.

"Now and then I get up close to you
I'd like to stay but I'm just passing through."

David Gates

LYNDA ROY BARAT

NICKNAME: Adnyl.
CLAIM TO FAME: Never being seen without at least 5 rings.
FAVORITE SAYING: "Envoye la mère! "
LIKES: Weekends, clothes, travelling.
AMBITION: To pursue a career in Criminology.
QUOTE: "It is chance that makes brothers,
but hearts that make friends."
Unknown

ALICE RUTA HARDEY

PROTOTYPE: Annabel Vidulich.
CLAIM TO FAME: Puggy fingers, diets without results.
FAVORITE SAYING: What is this?
LIKES: Disco's, talking.
AMBITION: Accountant.
PROBABLE DESTINATION: Counting buttons.
COMMENT: Wish me luck Grads, I need it.
We finally made it!
Take Care!

MIRIAM SEMENIUK DIGBY

LIKES: All sports and most arts; especially swimming, skiing, and Jazz ballet.
DISLIKES: Formal dress occasions.
Enjoys being outdoors; "There's more scope for the imagination."
"...It's all over now, and it went so fast;
leaving many things unsaid, undone..."
Mrs. A.S. Rizzuto

ELIZABETH STOKES SHELDON

"Harmlessly passing your time in the grassland away
Only dimly aware of a certain unease in the air
You better watch out
There may be dogs about
I've looked over Jordan and I have seen
Things are not what they seem."
Sheep - Pink Floyd

Bye to all, it's been great!

LUCIE TETRAULT TRINCANO

And it goes on and on
Watching the river run
Further and further from things that we've done
Leaving them one by one
And we have just begun
Watching the river run
Listening and learning and yearning
To run river run.

Kenny Loggins & Jim Messina

JACKIE THOMPSON SHELDON

"Wing-borne things discover
Tall things do not matter
And eagles mounting higher
Dread not dark valley shadows
So men on wings of faith
Surmount impossible tasks
So let me like an eagle
On wings of faith and skill
Surmount, like wing-borne creatures
Tall mountains and small hills."

Perry Tanksley

ADELE TURGEON SHELDON

FAVORITE SAYING: Kim, I'm telling you it was him!
AMBITION: To be a walking fashion show.
PET PEEVE: Being gullible, outstretched wallabees.

There are some people I remember all my life, though some have changed, some forever, not for better, some have gone and some remain, in my life I've loved them all.

Beatles

JANET TYLER STUART

Thanks to everyone for the memories. They will never die.

Not everything that is faced
can be changed,
But nothing can be changed
until it is faced.

James Baldwin

MARTHA VAUGHAN DuROUSSIER

Alias: Vaugh-an, Oddy, "BB", known for her ear to ear smile, being so cute, her hairdressing capabilities, turned up nose...wants to go out there and "knock 'em dead"...while trying to get into law and politics, famous for her debates and speeches, imitating Mr. Poisson, trying to pass math...
Thanks for five of my happiest years and friendships I will never forget.

ROSEMARY VAUPSHAS DUCHESNE

I do my thing and you do your thing
I am not in this world to live up to your expectations.
And you are not in this world to live up to mine.
You are you and I am I.
And if by chance we find each other,
it's beautiful.

Frederick S. Pearls

I'd like to thank Helen, Maureen, Tony, Margot and Lee.

ANNABEL VIDULICH TRINCANO

To those I love,
The actors and jesters are here,
The stage is in darkness and clear
For raising the curtain
and no one's quite certain whose play it is.
How long ago, how long?
If only we had listened then.
If we'd known how right we were going to be
For we dreamed alot
And we schemed alot
And we tried to sing of love before the stage fell apart.

Supertramp

ALEXANDRA VON SCHROETER DUCHESNE

"If you like to live for the moment, then the trick
is to make it last a lifetime or two."

David Gates

"When the years are heavy, and my heart is growing cold,
well I wish when evening comes that there'll always be...
some old friend who'll miss me too..."

Chris de Burgh

PENNY WEBSTER DIGBY

"I see you live on love street
There's the store where the creatures meet
I wonder what they do in there
Summer, Sunday and a year
I guess I like it fine so far."

The Doors

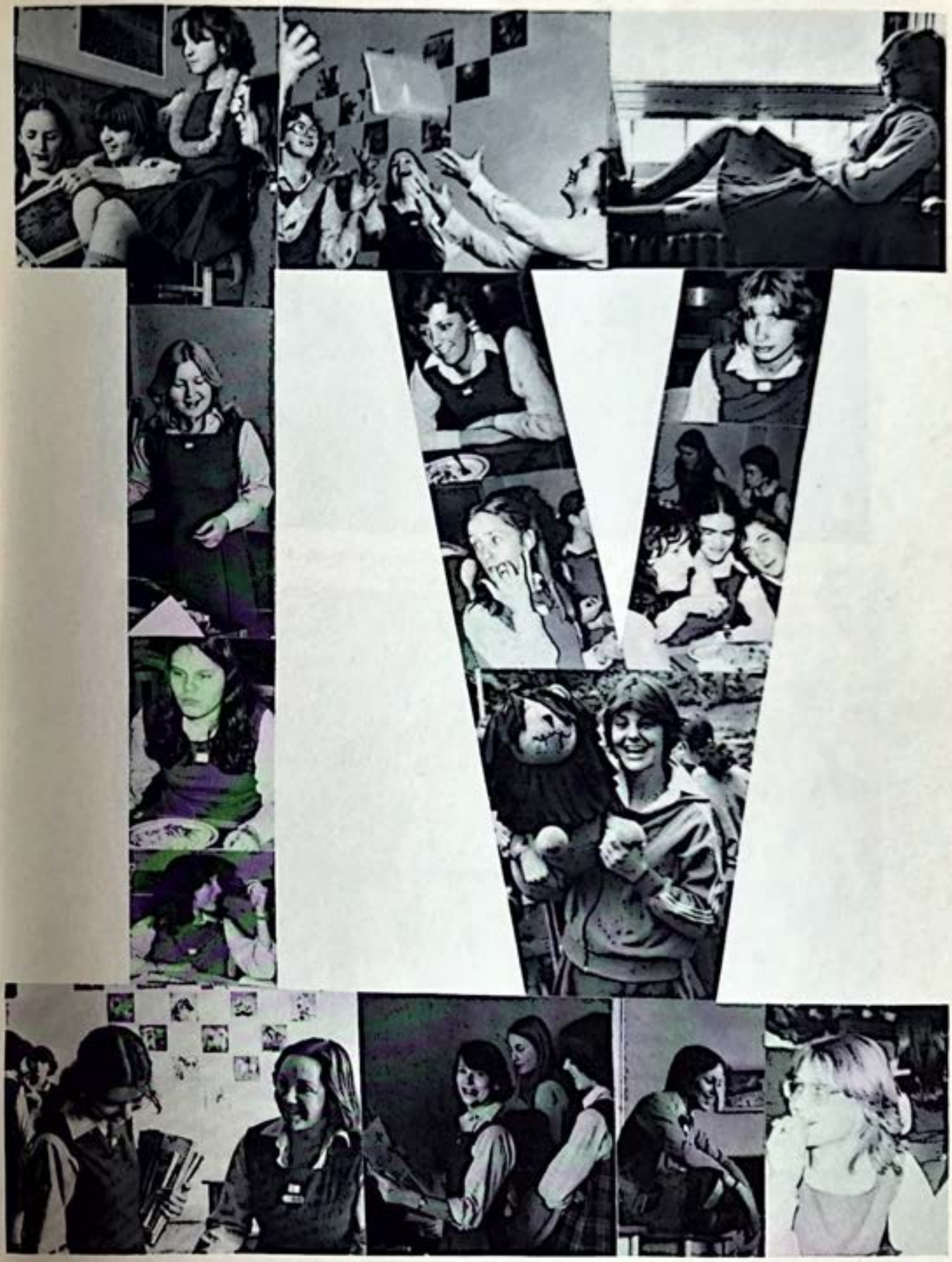
KATHLEEN MARY WILSON TRINCANO

CLAIM TO FAME: Being the last of the Wilson family to graduate.
CHERISHED MEMORIES: The 5 years I have spent at C.S.H.
To my friends,
"The times, oh we had some times....."
To those who are left behind,
"For every star that falls to earth a new one glows
For every dream that fades away a new one grows
When things are not what they would seem
you must keep following your dream
So while my heart is still believing I'll say Good-bye."

Rod McKuen

LINDA WOOD STUART

NICKNAME: Jenny, Jin.
CLAIM TO FAME: Always laughing.
FAVORITE SAYINGS: "For sure", "Super".
LIKES: Laughing, talking, partying.
DISLIKES: Homework on weekends.
COMMENT: The future always arrives a little before you are ready to give up the present.



FRONT ROW, Left to Right: L. Purino, L. Bradley, L. Marciano, C. Pérreault, M. Rossi, J. Pettinichi, J. Dufresne, P. Pratt, E. Brimo, M.J. Gravel, K. Boivin, C. Cuthbertson.
BACK ROW: L. Smith, J. Lefko, I. Moisl, J. Séguin, M. Warren, E. Prescesky, E. Botos, C. Caminiti, K. Ullyatt, M. Lincoln, M.L. Macaulay, T. Pompa, M. Bernard.

FRONT ROW: K. Schultz, J. Langlois, A. Bolvari, S. Fernandez, C. Cooke, Q. Tse, M. Rowan, J. Gregoriou, M. Delisle, K. Zilahi, C.A. Schweykowsky.
BACK ROW: A. Poronovich, M. Taylor, J.A. Zorzi, L. Pawlovsky, L. Campbell, M. Paquin, K. Valente, M. Thibaudeau, D. Enguehard, D. Ruest, D. Durocher, S. Fulop.
ABSENT: M. Rizzuto.

FRONT ROW: S. Belanger, N. Laurence, A. Maioni, A. Valiquette, J. Waters, C. Somers, J. Lockhart, D. Phillips, S. Micks, F. Diamond, F. Mondor, M. Wajda, R. Oman.
BACK ROW: G. D'Alesio, L. Spooner, J. Ferrier, C. Vincelli, S. Plante, D. Brownrigg, A. Goldsmith, C. Thompson, N. Senchey, F. Morson, I. Mask.

4C

FRONT ROW: J. Edwards, B. Pellan, S. Bois, K. Adams, S. Smidt, J. Gariepy, T. Little, A.M. Allebone, T. Nair, C. Fekete.
MIDDLE ROW: J. Rush, A.M. Locas, N. Allard, J. Stevens, E. Bray, M. Altmann, L. Bisaillon, S. Yates, C. Hutchings, M. Brown, C. Gregoire, S. Palfreeman.
BACK ROW: A. Sacconaghi, K. Xistris, B. Reilly, M. David, A. Kuskowski.

3-B

We are looking for ourselves.

Has anybody seen us around?

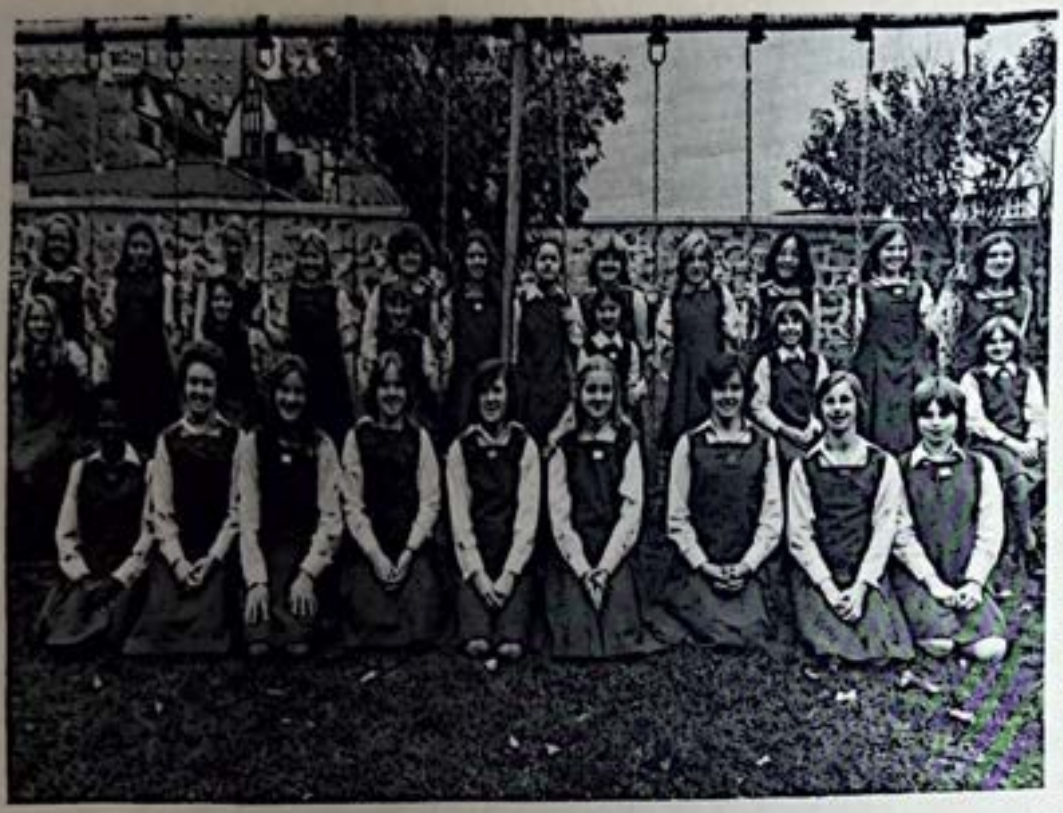
FRONT ROW: L. Malo, N. Mazer, D. Williams, P. Laplante, S. de Leonardis, J. Rossi, P. Sylvain, C. Saad, C. Badke, L. Da Rocha.
MIDDLE ROW: R. Bernard, A. Franklin, J. Sztuka, M. Rudolph, C. Doyle, M. Simonklein-Lehn, M.A. Anderson, D. Opzoomer, C. Kauser.
BACK ROW: V. Naday, A. De Angelis, L. Mc Girr, K. Petersen.
ABSENT: M.L. Yee.

FRONT ROW: J. Beauvais, J. Price, J. Nobbs, D. Souccar, A. Lloyd, J. Morin, C. Parent, D. Balas, L. Gardner, E. Mulholland, C. Garbacz.
MIDDLE ROW: M. Gatelero, S. Gibson, K. Bradeen, C. Kennedy, C. Westbury, J-A. Oss, A. Braams, C. Leaming, J. Brimo, C. Leger, S. Quaid.
BACK ROW: D. Day, H. Kruitwagen, K. de la Ronde, D. Leith, A. Rumin.

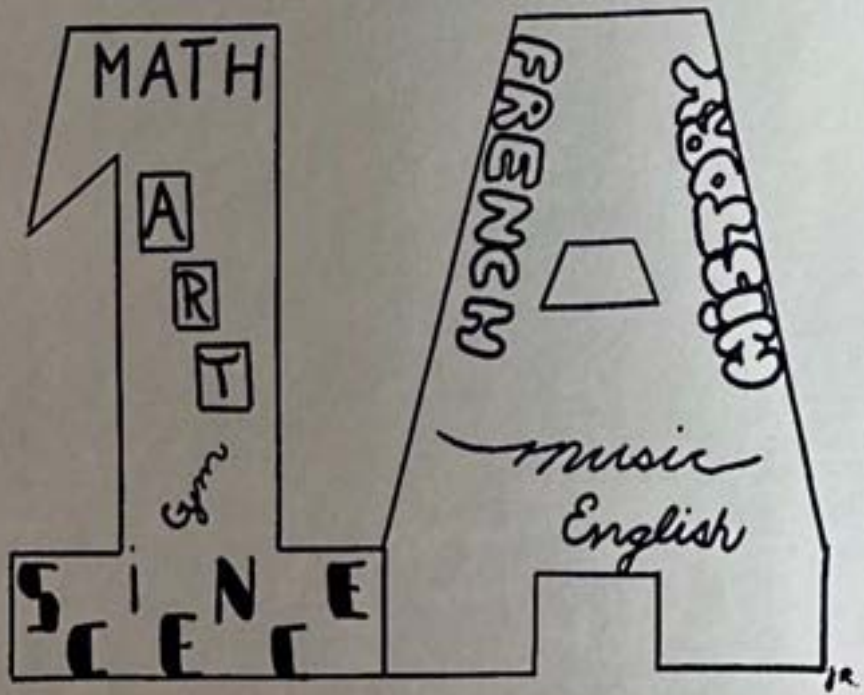
FRONT ROW: L. Comtois, E. Lamontagne, C. Lemay, E. Pretty, P. Fagan, K. Himbury, D. Motyka, M. Cavanagh, M. Alexander.
SECOND ROW: C. Giraldeau, K. Delisle, R. Sky, S. Campbell, A. Carson.
THIRD ROW: J. Robertson, H. Hewitt, M. Rizzuto, K. Goulielmos, J. Smith, M. Boulos.
FOURTH ROW: K. Splicer, S. Belec, C. Kayem, K. Mac Kinnon, V. Foley, C. O'Brien.

FRONT ROW: M.F. Forté, T. Vickers, M. Tobin, A. Noble, Y. Nakata, R. Diamond, C. Goldsmith, L. De Carlos, S. Niazi.
SECOND ROW: J. Boisjoli, C. Rott, B. Stahl, S. Neroutsos, N. Chabot.
THIRD ROW: J. Bienvenu, P. Van der Walde, P. Forbes, W. Leslie, S. Paul, C. Gruodis.
FOURTH ROW: S. Giguère, M. Di Blasio, L. Tsung, F. Smyth, S. Brownrigg, M. Smith.

FRONT ROW: K. Taguchi, L. Day, L. Semeniuck, A. Nucci, S. Nayar, L. Marciano, S. Jass, J. O'Brien.
SECOND ROW: K. Burton, J. McGowan, C. Lalonde, S. Beaudoin, M. MacAlear.
THIRD ROW: A. Pick, G. Yip, J. Fagan, M. Mackinnon, M.A. Wagner, C. Demers.
FOURTH ROW: K. Stevenson, K. Quinlan, S. Byrne, J. Ouimet, B. McMahon, M. Hamilton.

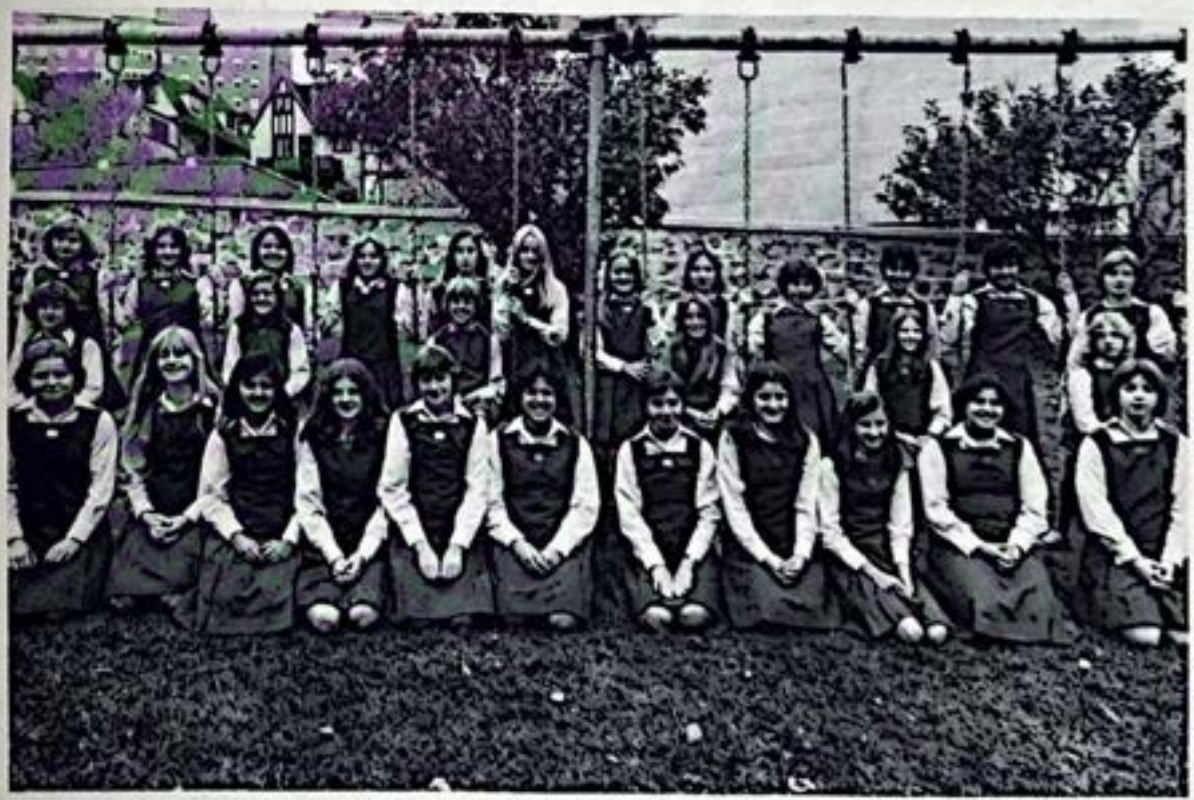


KNEELING: P. Bridgewater, C. Tait, V. Whitehead, J. Moroney, F. Hughes, L. Bowitsch, M. Jordan, J. Rourke, H. Wood.
SITTING: M.T. Thomas, C. Chabot, J. Nesmith, L. Der, J.A. Barna, J. Des Rosiers.
STANDING: J. Gibson, V. Lemoine, C. Faure, P. Sullivan, G. Rizzuto, C. Irvine, T. Saavedra, L. Mac Innes, E. Edge.

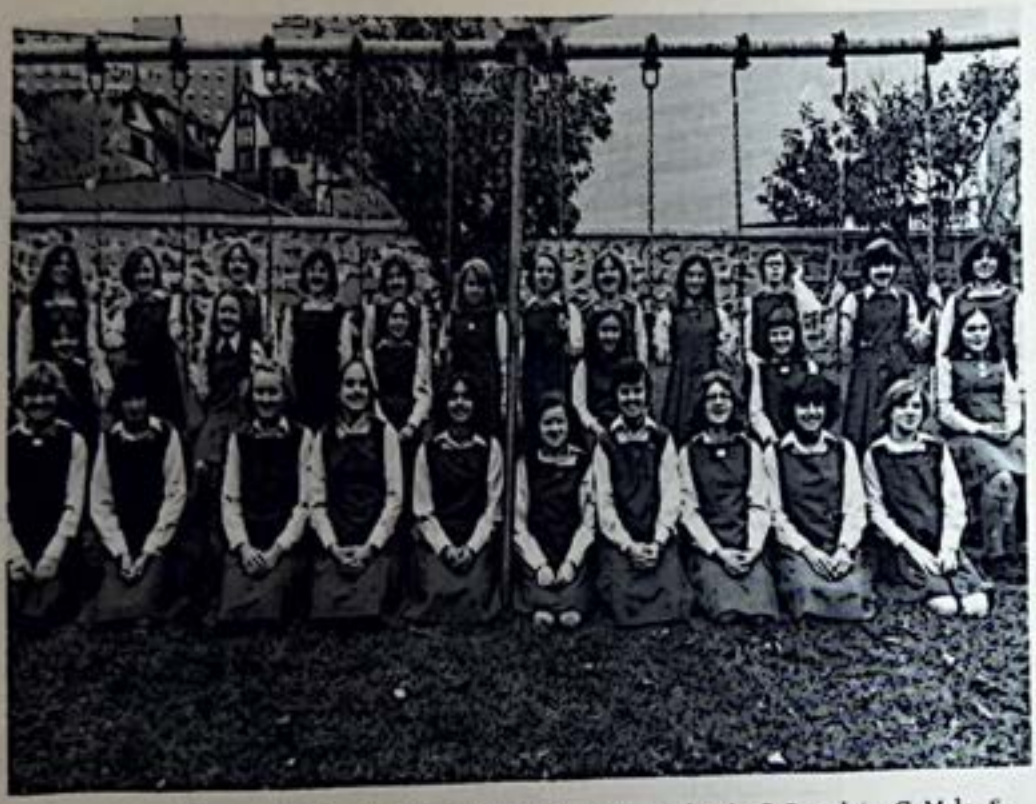


IB

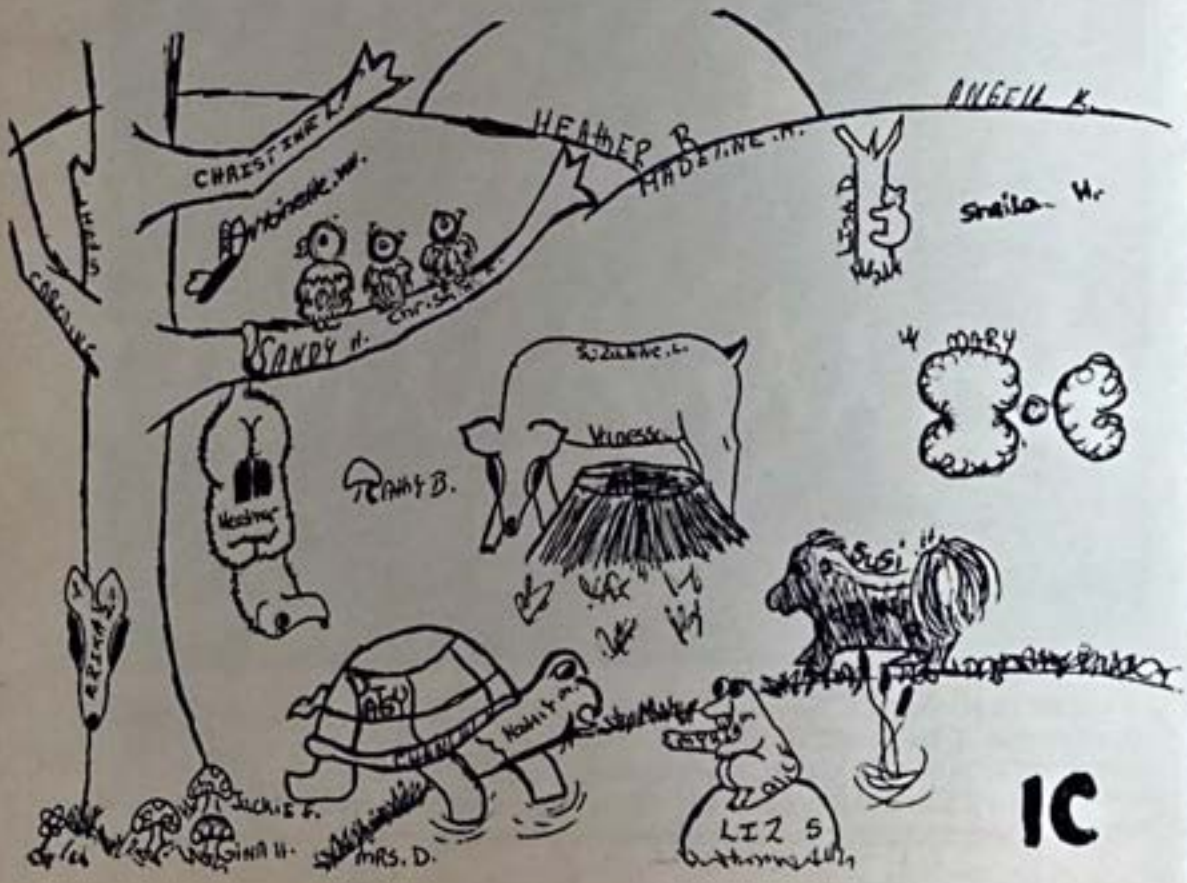
L	O	U	A	N	N	E	K	V	F	A	N	N	E
I	J	A	N	E	I	N	I	I	R	L	S	H	M
N	J	U	D	Y	R	I	M	C	A	E	T	O	A
D	A	N	K	A	A	T	B	T	N	X	O	L	R
A	N	Y	C	J	K	S	E	O	C	A	G	L	I
B	J	E	H	U	M	I	R	R	E	N	R	Y	E
E	U	S	A	S	I	R	L	I	S	D	A	M	F
T	D	T	N	T	R	H	E	A	C	R	M	A	C
I	I	H	T	Y	I	C	Y	■	A	A	E	R	I
N	T	E	A	N	A	C	A	T	H	Y	V	G	B
A	H	R	L	A	N	D	E	B	B	I	E	O	■
C	H	R	I	S	T	I	N	E	J	O	Y	T	■
F	N	N	A	Z	U	S	A	L	O	C	I	N	■



KNEELING: M. Naudie, K. Donaldson, D. Djokovic, A. Fredenburg, E. Rouleau, H. McComber, L. Varga, A.M. Marilley, J. Macklem, C. David, J. Kozukan.
SITTING: V. De Barbieri, S. Tobin, N. Von Schroeter, J. Despas, B. Hold, E. Malowany,
STANDING: J. Kuskowski, L.A. Amabili, J. Gale, F. Durkan, A. Botos, D. Lunny, M. McMullan, M. Gruner, C. Beauchamp, C. Chahal, C. Hyde, K. Stiefenhofer.



KNEELING: H. Robertson, C. Lincoln, A. Von Hahn, L. Seltmann, L. Shamie, C. Beaudoin, C. Malo, S. Hamilton, S. Hoyeck, H. Greaney.
SITTING: P. Rossi, S. Loch, M. Lovell, L. Duggan, A. Gray-Donald, M. Gay.
STANDING: S. Husolo, K. Morris, J. Foley, V. Walsh, M. Martin, A. Hornyak, M. Mulholland, A. Levelt, E. Zsomber-Murray, A. Keyworth, C. Nosotti, G. Hanna.
ABSENT: C. Bouchard.



houses
1977 - 1978
SHELDON
STUART
HARDEY
DIGBY
BARAT
du BOUSIER
TRINCANO
DUSCHESNE
a.g.

BARAT

BARAT'S THE BEST HOUSE

Barat's the best in the East.
Barat's the best in the West.
So look out all you other houses.
Barat beats the best!

With smiles we do our tasks
Helping whenever we're not asked.
So look out all you other houses.
Barat beats the best!

Barat's the house with the spirit.
Barat's the house with the cheer.
So look out people- here comes Barat.
Barat's winning this year!

(sung to the tune of Rise and Shine)

DIGBY

HEY THERE DIGBY

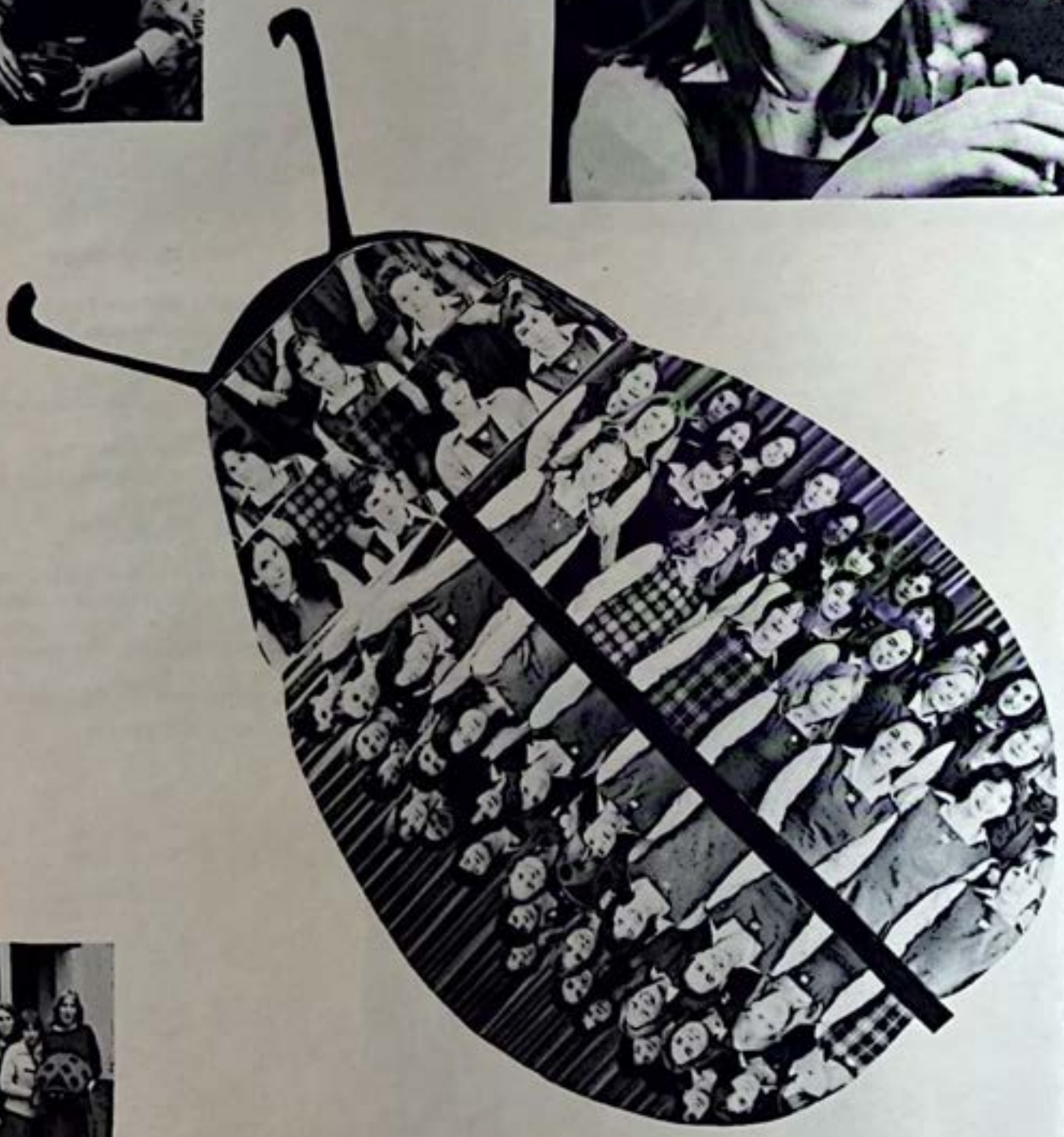
The moment I walked in the school,
I could tell it was a real point-getter,
None were better.
Hey Digby, what's your line?
You always leave the other houses far behind.

Now let me get right to the point:
I don't like to sing 'bout everything I like
But Hey There Digby,
Glad I'm in a house like yours.

Wouldn't you like to have fun, fun, fun,
How's about a few games, games, games.
This is school, but we'll make it better,
This is school, but we'll make it better...

(sung to the tune of Hey Big Spender)

DUCHESNE



DU ROUSIER

DUROUSIER'S HOUSE SONG

We are the girls from DuRousier
Happy, cheerful, and ready to play.
When there's a tabloid we do our best.
We try to win and the heck with the rest.

We are full of life and the spirit too. Yea!
We're the one and only house DuRousier.
Listen now/ get ready for our cheer.
Yea Yea Yea DuRousier!

Now Mother Johnson listen carefully.
We're gonna beat Stuart in every way.
Trincano and Digby and Sheldon too
Duschesne, Barat, Hardey we're gonna beat you

Now you know Mother Johnson we're really the best.
Forget about Stuart and all the rest.
So here's to the house that's really the best.
Yea Yea Yea DuRousier!

HARDEY

HARDEY SONG

Old Sacred Heart had troubles of its own.
It had a group of monkeys that couldn't find a home.
They tried and they tried to place them properly.
They were put in Hardey House, the best house there could be.

chorus:
So they all came back, do-do, the very next year.
Oh, yes they all came back, three long years was long enough
They all came back.
Hardey will win once again.

They worked and they worked to win their house a name,
They entered all the contests and joined in every game.
They wrote great compositions to win the B.L.C.S.
They were good with other houses, always playing clean.

chorus

Coming up soon was the day or the year.
Everyone was worried, but what had they to fear?
The dolphin plugged his airhole, and big bird had been plucked.
Poppy squashed the superbug.
The rest were out of luck.

chorus

SHELDON

SHELDON'S HOUSE SONG

To which house do we belong? Sheldon! Sheldon!
We're the house that's going to win. Sheldon all the way.
Spirits always up; we are never down.
We're the best, we'll beat the rest,
Sheldon is the one!
(sung to the tune of Camptown Races)
Sheldon's House Cheer

When you're up, you're up.
When you're down, you're down.
When you're up against Sheldon
You're upside down!

STUART

STUART'S HOUSE SONG

Savez-vous comment nous reconnaître
Non seulement par notre ruban bleu.
Le courage que nous faisons renaître
De passage sur tous les lieux.
Se donner...oui...oui...oui
Refuser...non...non...non
Nous les "Stuart" au ruban bleu
Toute Stuart a sa devise
Celle d'aller toujours de l'avant,
Réfléchir, pas faire de bêtises,
Et demander à tous de faire autant.

(sung to the tune of Chevaliers de la table ronde)

TRINCANO

TRINCANO SONG

(sung to: "Rock around the clock")

The greatest house is yet to come
It's sung by all the number ones

Chorus:
With purple tags and bright gay faces
We'll be ahead by a million paces
And the team, and the team
Of course, is Trincano

Trincano hasn't lost that beat
You all will still be in defeat

Chorus

Now if we're down, don't laugh and shout
'cause being down doesn't mean we're out

Chorus

The end of the song is very near
But you'll be seeing us the rest of the year!

Chorus

GO! GO! GO!

THE PREFECTS

President: Jacqueline Thompson
Vice President: Cynthia Alepin
Secretary: Hélène Hamel
G.A.A. President: Sandra Pettinicchi
G.A.A. Vice President: Beverly Cook
Yearbook Editor: Kathy Wilson

House Captains:
Barat: Petrina Lee Poy
Digby: Joanne Foley
Duchesne: Rosemary Vaupshas
DuRousier: Lynn McElligott
Hardey: Rosemary Cuthbertson
Sheldon: Maureen Rourke
Stuart: Linda Wood
Trincano: Laura Mackinnon

GIRLS' ATHLETIC ASSOCIATION

G.A.A. got off on the right foot this year with the organization of the annual tabloid in September. Led by Sandra, Bev, Mrs. Watson and the G.A.A. house representatives the school found itself outdoors for an afternoon of sporting fun.

This year a new system was inaugurated. Each house was represented by two students, a junior and a senior representative, in the association. They met to discuss plans for inter-house competitions and games challenged by members of the student body.

BOARDERS

clubs and sports

MODELING CLUB

Grace, charm, clothes, and use of make-up were just some of the topics that were taught to forty Secondary Five girls, who under the supervision of Mrs. Ayoub, blossomed into elegant young women. Everyone was able to see all their year's work, when the girls presented the second Sacred Heart Fashion Show!

GYM CLUB

BACK ROW: B. Iredale, Head; D. Fagan, Head; A. Lloyd, M. Brown, S. Quaid, K. Mackinnon.
MIDDLE ROW: J. Fagan, A. Carson, J. Morin, K. Xistris, S. Botos, D. Lunny.
FRONT ROW: P. Fagan, K. Adams, C. Fekete, T. Vickers, J. Despas, N. Von Schroeter, M-H Lovell.

BACK ROW: D. Fagan, Coach; A. Carson, K. Adams, M. Brown, A. Lloyd.
FRONT ROW: P. Fagan, T. Vickers, N. Von Schroeter, C. Fekete, J. Morin.

GYM TEAM

SOCIAL DANCING CLUB

BACK ROW: Debbie Day, Maureen Brown, Margot Jordan, Angela Franklin.
FRONT ROW: Jenifer Rush, Head; Claire O'Brien, Jane Edwards, Karen Adams, Head; Petra Bridgewater.

HIGHLAND DANCING CLUB

BACK ROW: Natalie Bowen, Cathy Diamond, Manon David, Fiona Diamond.
SECOND ROW: Liz Mulholland, Anna Maria Allebone, Judy Langlois, Catherine Lemay.
FRONT ROW: Andrea Mulherin, Head; Kim Burton, Head.

JAZZ CLUB

Every Thursday, for an hour after school, about twenty girls gathered in the Reception Room, under the guidance of Sandra Pettinicchi, and did their weekly sit-ups, touching toes, side-bends, etc. to prepare for the Gym Demonstration in April. As the girls' strength increased and their muscles developed, they proceeded to learn a jazz routine choreographed by Sandra, which was demonstrated to the school in spring.

DEBATING CLUB

The Debating club, headed by Suzanne DeRome, Martha Vaughan and Mrs. Reid was a great success this year. We began the year by hosting a debate against E.C.S. and participated in the Provincial Tournament at Selwyn House. Suzanne and Martha represented the school at both of these events. In March we were invited to be one of many schools to participate in a round robin debate at E.C.S.

In the new year approximately thirty students participated in an intra-school parliamentary debate tournament. The response was fantastic.

CLUB DE LIVRES

Le Club de Livres a débuté en gloire cette anné sous la direction de Mme Lahaye et Soeur Hachette.

RADIO CLUB

Radio club is in its second year. The students learn to send and receive morse code messages as well as some elementary electronics. The students are trying to earn their Amateur Radio Certificate from the Department of Communication.

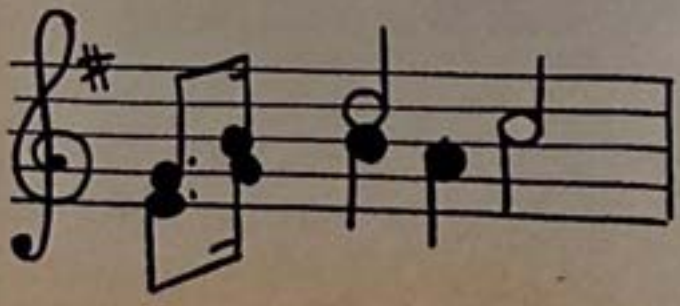
HORSE CLUB

BACK ROW: S. Loch, E. Zsombor-Murray, M. Mulholland, M. Rudolf.
FRONT ROW: M. Brown, D. Souccar, R. Kierans, Siobhan Kerns, Head; D. Fagan.

BRIDGE CLUB

BACK ROW: Jo-Anne Sztuka, Heidi Kruitwagen, Alee Sacconaghi.
FRONT ROW: Linda Gardner, Janet Beauvais, Anna-Maria Allebone, Kathy Xistris, Dayna Enguehard, Head.

MUSIC GROUP

Cathy Creighton, Susan Smidt, Alex Pick, Marianne Smith.

DRAMATICS

BIOLOGY CLUB

BACK ROW: K. Xistris, S. Brownrigg, V. Whitehead, J. Robertson, S. Paul, S. Neurotsos, M. Boulos.
MIDDLE ROW: C. Malo, E. Lamontagne, D. Lunny, C. Giraldeau, J. Nesmith, S. Jass.
FRONT ROW: D. Williams, S. Nayar, President; S. Niazi, J. Ouimet.

CLUB

CRAFTS CLUB

BACK ROW: C. Malo, S. Hoyeck, J. Moroney, A. Von Hahn, M. Martin.
FRONT ROW: S. Loch, E. Zsombor-Murray, M. Gay, Head.
ABSENT: L. Wood, Head.

BACKGAMMON CLUB

BACK ROW: Susan Husolo, Amy Fredenburg, Liz Shamie, Cathy Parent, Gina Hanna, Kim Donaldson.
FRONT ROW: Diane Souccar, Head; Andrea Mulherin, Alex Von Schroeter.

CHORAL CLUB

Choral Club:

Choral club was again a success this year. The seventy-five singers, directed by Mrs. Makin, gave two concerts: One at Christmas and the other on Drama Night. The Christmas repertoire consisted of several carols sung in two parts. On the Drama Night they sang Broadway hits from the "Wizard of Oz", and wore handmade munchkin pinafores.

TENNIS TEAM

Nicola Von Schroeter, Brenda Iredale, Karen Adams, Alex Von Schroeter, Kim Drummond.

SKI TEAM

BACK ROW: Liz Lufty, Annabel Vidulich, Lucie Tetrault, Karen English.
THIRD ROW: Lisa Marciano, Andrea Mulherin, Alex Von Schroeter, Mich Lincoln.
SECOND ROW: Angela Franklin, Patty Forbes, Jane O'Brien, Diane Souccar.
FRONT ROW: S. Beaudoin, J. Marciano, Claire O'Brien.

WOW! Is he ever cute!

Do you realized how many calories there are in this hamburger?

Who me? uh . . . I'm working . . .

I always wondered what it would be like to be a pumpkin.

Smile Robin!
You're on
Candid Camera

The Prefects? !

I can't stop spinning

Hold it, I forgot my jacket.

Um! Does this ever taste gooood!

YEAR IN REVIEW

The year began with the annual tabloid. Each house divided into two teams to take part in ping-pong games, ball passing, human wheel-barrow races and charades.

Late September saw all "housers" out of school and on the road. Hardey and Trincano paired up to Upper Canada Village; Duchesne and Digby travelled to Moore's Village; Sheldon and Barat crossed the border to visit Shelbourne Colonial Village and Stuart and DuRousier fearlessly explored Ausable Chasm.

Halloween was celebrated early at C.S.H. during the Digby-Duchesne fund raiser. Ghosts and goblins mingled with the students and staff.

The secondary V class held their dance on November 18. With Mr. X, Y, Z, the classmates disco'ed the night away in the star-spangled reception room. Thanks to Gina Bertozzi and Alice Ruta for organizing a fine evening!

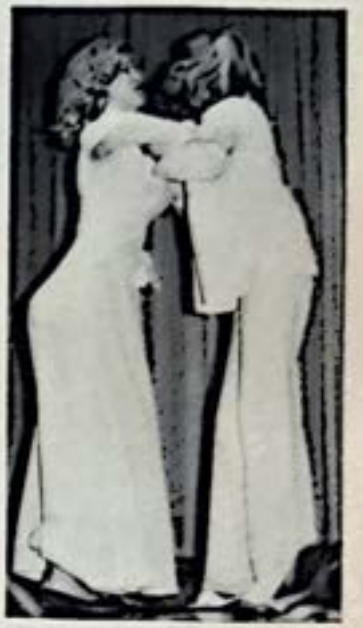
Christmas in November! Yes, at the Hardey-Trincano fund raiser! Even Santa Claus flew in from the North Pole for the occasion. True to tradition, teachers and students sat on his knee to ask for Christmas presents.

CHRISTMAS WISHES

Christmas Wishes were highlighted by "Its The Thought That Counts". Little Nicola Von Schroeter showed us that a present comes from the heart and not the pocket.

Father Westphall and his team led the secondary V retreat in the Laurentians. The three days provided opportunity for relaxation as well.

Snow sculptures, broomball and races made Snowday a fun-filled afternoon.



Faculty Feast became DASHABUSTADD thanks to Rosemary Cuthbertson! This year's theme "People in Your School are Important" brought the whole school community into the festivities which included plays, brunch and a talent show.

MOTHER JOHNSON'S BIRTHDAY

Easter traditions were revived by the secondary III parade of Easter bonnets. Mother Johnson's birthday cake was served to celebrate two happy events.

GYM DEM.

Gym Dem. culminated a busy year of learning and preparation for gymnastics, highland dancing, jazz and social dancing clubs.

INTERNATIONAL DAY

Native costumes, an international bake sale and games made the revival of International Day a great success.

BARAT-DUROUSIER VERSION OF HAWAII

Barat and Du Rousier took us to Hawaii. Grass skirts and lovely dancers made the last fund raiser of the year especially memorable.

DRAMA NIGHT

After "The Final Dress Rehearsal", Mrs Cochrane, Mrs. Watson and the CSH thespians took us down the yellow brick road to "The Wizard of Oz". Mrs. Makin's Choral club provided the musical accompaniment.

SPANISH FIESTA

Spanish Fiesta, thanks to the hard work of Mrs. Allen and the Spanish Club gave us a taste of that Latin flair for fun.

The modelling club gave a dynamic presentation of their new skills and the latest spring fashions.

Under the direction of Mich Lincoln and Carla Caminiti, the secondary four class produced a fun-filled afternoon for the graduating class. We all enjoyed being the "stars" at the "HOLLYWOOD HILTON". Many thanks to the secondary IV's.

FAREWELL TO THE SECONDARY FIVES MAY 19, 1978

We, the Secondary Four students, have followed you year by year. Next year we will be the heads of the school as you have been this past year. I am sure many of you remember your first day in this large school, in which you felt very lonely. But now the school is very small to you and you are surrounded by people of whom you became very fond and with whom will carry an everlasting friendship. Whether you have been in the Convent for five, three, or even one year, I am certain you all have felt the feeling of security, happiness, laughter and friendship. Because of the school being so small, I am sure you will never forget your interesting teachers, your friends, Mother Johnson, and the rest of the staff.

Many of you may say that you are glad that you are leaving the "jail", but deep inside, even though you cannot believe it, you are going to miss the school.

If ever you ask yourself, "What did I ever get from this school? " I am certain you will all agree that you will always have brushed or shined shoes, squeaky clean hair, and a pleasant facial expression for special occasions!

We know that every student in the graduating class of 1978 will attain success in her own right and we wish each and every one of you the best on the way to your own Hollywood!

117TH DISTRIBUTION OF PRIZES
Convent of the Sacred Heart
Montreal, Quebec
June 4th, 1978

HONOR AND GLORY TO GOD ALONE

MOTHER'S GUILD PRIZE: For the students achieving the highest composite mark in English Literature and English Composition:

Secondary I: Sandra Hoyeck
Secondary II: Wendy Yip
Secondary III: Agnes Kuskowski
Secondary IV: Queenie Tse
Secondary V: Beverly Cook

ADVISORY BOARD AWARDS: For students achieving the highest general average:

Secondary I: Nicola Von Schroeter
Secondary II: Julia Marciano
SecondaryIII: Jennifer Nobbs
Secondary IV: Frances Mondor

GOVERNOR GENERALS MEDAL: Awarded to the student obtaining the highest class average in the graduating year:
Liane Mizgala

HONOR ROLL PRIZE: For students having an 80% in every subject at Christmas and Easter:
Frances Mondor
Liane Mizgala

THE ENGLISH ALUMNAE PRIZE: For the student achieving the highest average in French as a Second Language during her years of high school:

Jacqueline Thompson

STUDENT GOVERNMENT AWARDS:

Jacqueline Thompson
Cynthia Alepin
Hélène Hamel
Kathleen Wilson
Sandra Pettinicchi
Beverly Cook
Linda Wood
Petrina Lee Poy
Joanne Foley
Rosemary Vaupshas
Lynn McElligott
Rosemary Cuthbertson
Maureen Rourke
Laura Mackinnon

STUDENT GOVERNMENT PRIZE: To the student in the graduating class, who, by her outstanding unselfishness and constant support, has been a source of strength to the student government throughout the year.
Julie Klucinskas

THE PROVINCIAL TEAM AWARD: Given to the girl in the graduating class who has shown the most social concern pragmatically and vitally:

Jacqueline Thompson

ALUMNAE ASSOCIATION OF THE SACRED HEART BURSARIES: For the scholastic year 1978-1979 awarded at each grade level in recognition of scholastic achievement and/or progress and development have been granted to:

Secondary I: Vanessa Walsh
Secondary II: Louise Day
Secondary III: Jennifer Morin
Secondary IV: Toni Miaoni

THE FRANCIS SMITH MEMORIAL PRIZE: Inaugurated in 1968 to honor a student not on the student government who has made a significant contribution to the life at the City House:
Martha Vaughan

Graduates

Undergraduates

CREATIVITY

Carole Schweykowsky
Secondary IV

The setting sun casts
A fragile web on crystal
With liquid gold fire.

Marie-Anne Anderson
Secondary III

THE BALLAD OF THE TABLOID

Upon a bright September day,
After a week of rain,
The school was summoned forth to play
Upon the damp terrain.

It was a "tabloid meet", they said,
A small condensed affair,
But everyone went out and played
And all the staff was there.

In groups, the girls both small and tall,
took part in all the fun.
The staff, emerging from the hall,
Cried out; "oh, see the sun! "

Throughout the schoolyard you could see
Girls running in the sun,
Hippety-hop, away and free,
The races had begun.

Eight houses all competed
Mid laughter, games and glee
And, energy depleted,
Winners were soon to be.

Between the running and the yells,
We heard the music play,
With everyone ne'er knowing
What wins would come their way.

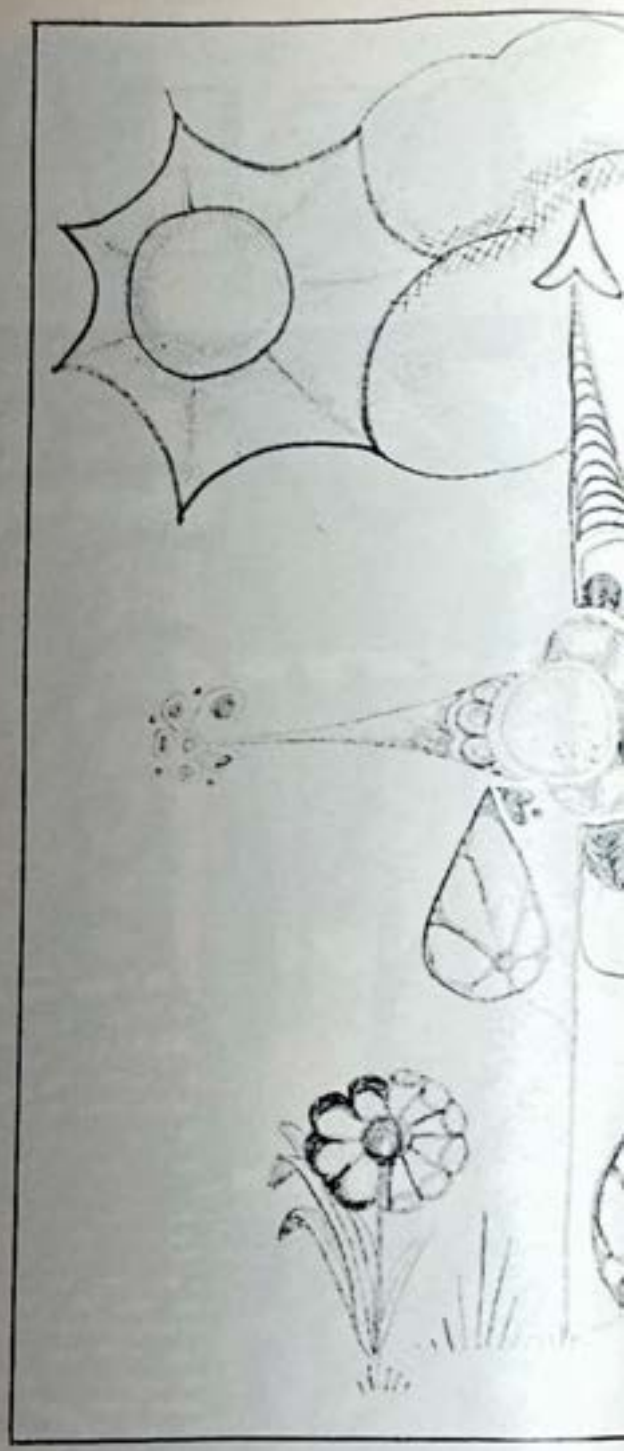
A winning team we made our goal
And house points were our aim;
We all had fun, both young and old,
We tried our best each game.

The end brought aching bones and such
But spirits all were high,
The winning didn't matter much
In laughter all were tied.

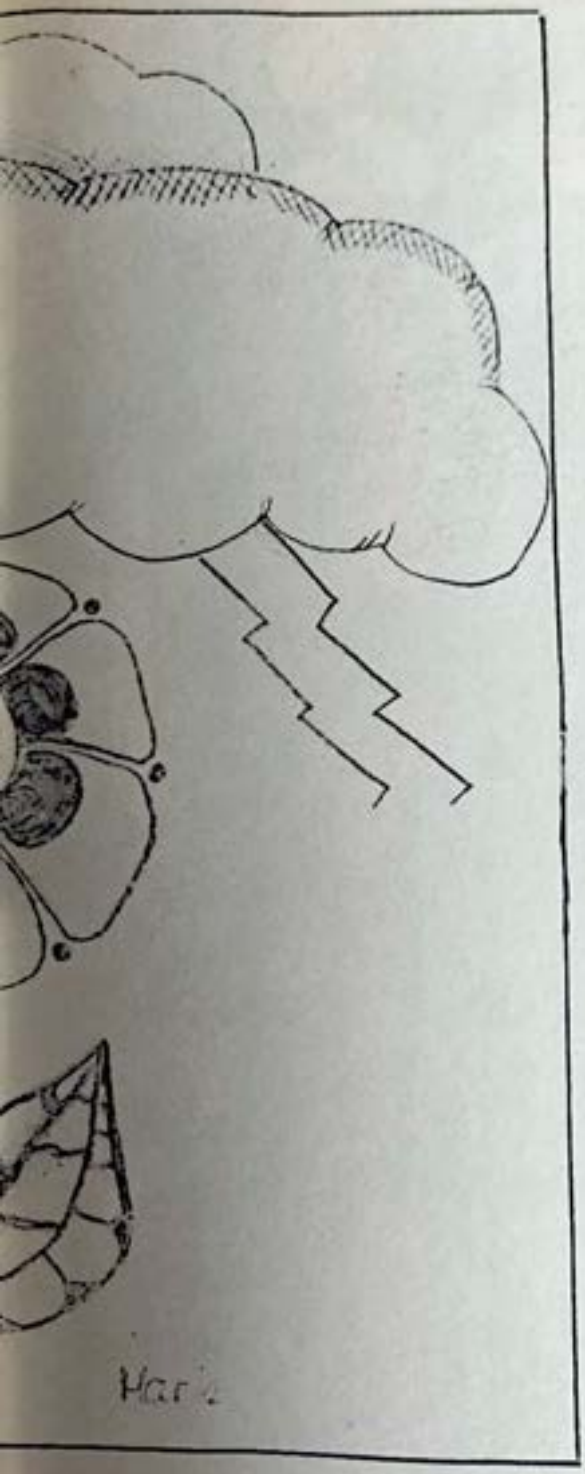
After each game was over and
The competitions won,
Each eager little pupil
Received her own bon-bonne.

Everyone had lots of fun
Although the air was cool
And, at the end, when all was done
We all returned to school.

The joint efforts of 111A



Marie Genest
Secondary V



HOW TO KNOW THE PERFECT MAN WHEN YOU SEE HIM

All of us, at one time or another, have fallen in love. They say that love is blind, and that's probably true, because when you're in love you tend only to notice the good points of the object of affection; for example, he doesn't bite his fingernails.

But how perfect is he really? How can you be sure that he's good enough for you? How do you know if your grandmother would approve? What you do is to make up a list, and objectively make sure that your love has every quality on the list. He must certainly be taller than you. That's number one on the list, and the most important. He must be an all 'round athlete, but must be able to make good conversation as well. He has to be lots of fun to be with, shouldn't wear glasses (but exceptions may be made to this rule), and four out of five friends surveyed must agree that he's a doll. If you can find someone with all the above qualities, and he takes even a faint interest in you, grab him fast. Good luck!

Beth Reilly
Secondary III

THE KEY TO SUCCESS

Achieving success is like
Climbing stairs
You have to start at the bottom
To reach the top.

Step carefully, don't slip
And even if we never reach the top
I'm glad at least, we started our climb
Together.

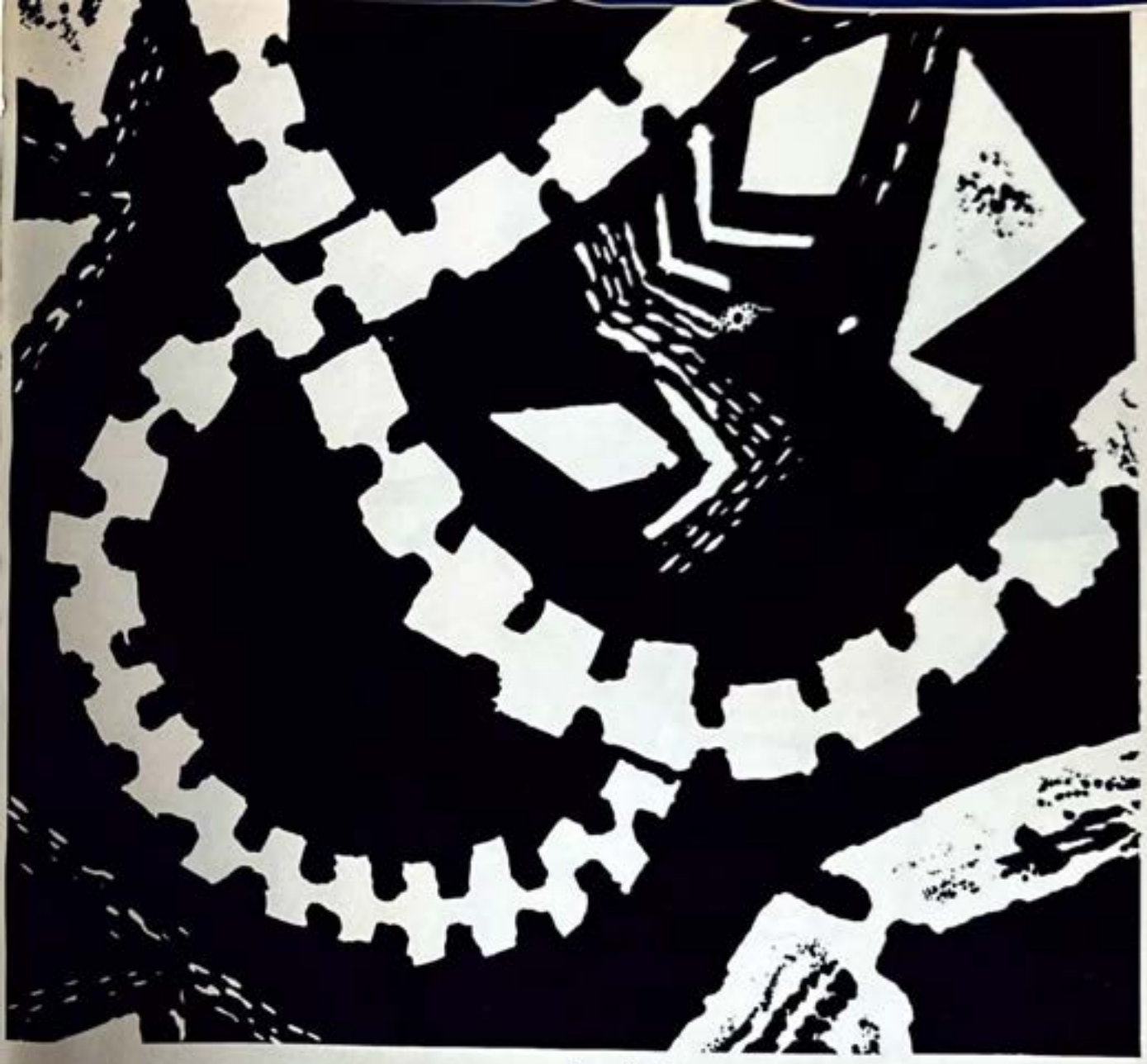
Cynthia Alepin
Secondary V

THE SEARCH

Said the monkey to the bear,
"Have you seen the hare? "
Said the bear to the monkey,
"I haven't seen him anywhere."
Said the monkey to the sphinx,
"Have you seen the hare? "
Said the sphinx to the monkey,
"No, but I have seen the lynx."
Said the monkey to the gorilla,
"Have you seen the hare? "
Said the gorilla to the monkey,
"No but I have seen godzilla."
Said the monkey to the racoon,
"Have you seen the hare? "
Said the racoon to the monkey,
"No, but I have seen the baboon."
Said the monkey to the panther,
"Have you seen the hare? "
Said the panther to the monkey,
"Haven't you heard? He has
been eaten by the bear."

Daryl-Lynn Dagenais
Secondary V

Photograph by: Kim Drummond
Secondary V



Nancy Senchey
Secondary IV

The moon was shining
Over a hill
The air was cool
The night was still
Across the valley
Came riding a fellow
His stallion grey
His nature mellow
He strummed his guitar
And sang as he thought
Of this beautiful land
And the freedom it brought
For this was a man
Who knew good from bad
Of the black men who'd slaved
And the white men who were mad
But in this free land
Of both black and white
All the people slept
In the stillness of the night.

Marianne Smith
Secondary II

BLACKOUT

I stand here in the darkness
Silence, complete
Eerie monster
Hovers over the city
Blackness, thick
I cannot see
The silence is deafening.

The light returns
Warmth is restored
Vibrant heat
The blackout has ended
The brightness is blinding
The noise is deafening
All is normal again
Life continues
Unchanged.

Cynthia Alepin
Secondary V

WHAT LIES WITHIN

We're all of us
the same somewhere,
Somewhere deep inside.
Where love grows strong
beside another,
the ever present fear.

Fear of what?
of living, dying
of love and hate,
that fear is part of us.

But of that love
that grows in us
and flowers every day
it pulls us up
to overcome
that lower creature, fear.

Jennifer Price
Secondary III

"The Dancer" by
Julia Mergler
Secondary V

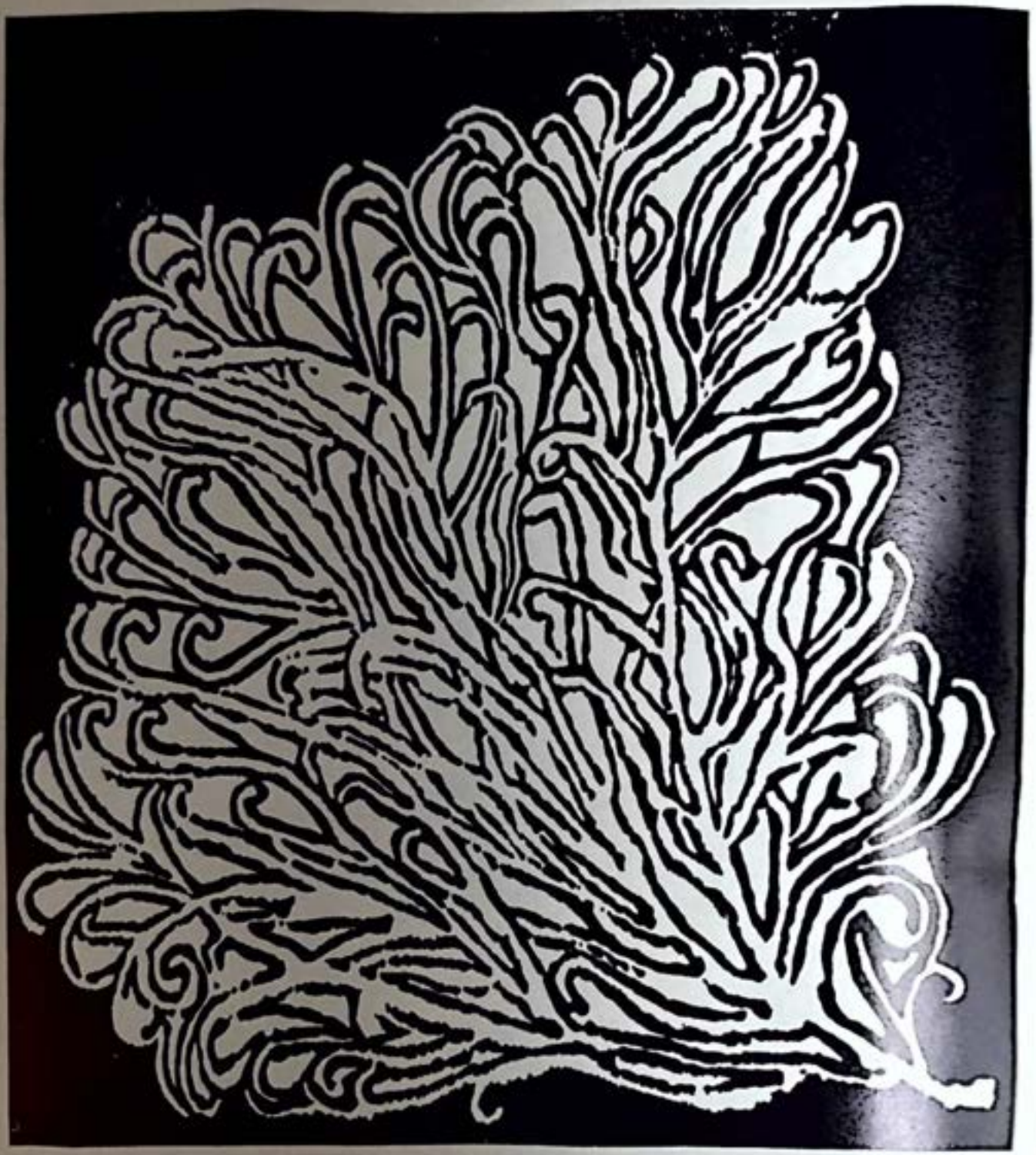
Brenda Iredale
Secondary V

LA VITRINE D'UNE PATISSERIE

Dans la vitrine il y a un grand assortiment de patisseries et de pains sucrés. Les plateaux de petit fours, d'éclairs, de mille feuilles et de tartelettes tentent les passants. On voit de beaux gâteaux dans un étalage. Il y a aussi des beignets et des petits pains. A côté, on voit deux tartes; une aux pommes et une aux bleuets. Toutes les deux semblent delicieuses.

Mon estomac grogne. L'eau me monte à la bouche. Mais je suis au régime et je n'ai pas le droit d'entrer dans la patisserie. En tout cas, je serai mince quand l'été viendra.

Beverly Cook
Secondary V



Ann Goldsmith
Secondary IV

LIFE

Life is one lonely
Tear drop reaching
The sun struck lake.

Martha Robinson
Secondary V

THE TIME HAS PASSED

I felt the time ticking by
I could not stop it though
Even when I tried
I sat here and imagined all the things I could have
done at that particular second
instead of what I was doing
But as I thought, it grew late
and my chance was gone
For the time had passed
But it was time well spent.

Cynthia Alepin
Secondary V

Photograph by: Kim Drummond
Secondary V

Photograph by: Andrea Mulherin
Secondary V

SOUL FINDER

Wandering as far as the eye can see,
Wandering, looking for the true meaning
of "me"

The secrets in the corners of my soul I do seek
Everyone has a soul and each is unique,
The soul is the spirit and shows true love,
for the world here and the heavens above.

Mei-Lin Yee
Secondary III

Photograph by: Kim Drummond
Secondary V

SWEET DAYS OF SUMMER

The shimmering waves, gently
caress the glistening, jagged rocks.
They restfully and gracefully
smooth over them slowly,
as the summer breeze, passes
over the peacefully moving docks.

The sand on the beach
warmed by the sun, twinkle
and glitter, like newly sparkled gems,
in the sweet, lazy days of summer.

Louise Carrier
Secondary V

LOSING FRIENDS

Friends are something you collect
You trade them just like baseball cards
Once you may get two for one
Another time you may lose out
The luck was in winning them
And trading isn't so bad
Because they'll still be around
For a time anyways
Still, you can always trade back.

Cynthia Alepin
Secondary V

LE BILLET DE BANQUE

Hier, quand je me promenais,
J'ai trouvé un beau petit billet.
Il était un peu déchiré et abîmé,
Mais, tout de même, je l'ai ramassé.

Tout à coup, j'entendis, "Ouf j'ai eu peur! "
Je ressentis alors,
à travers tout mon corps,
une étrange chaleur.

"Qu'arrive-t-il? "
Me demandai-je immobile.
"Je sais que j'ai beaucoup de devoirs et de leçons,
Mais pas de là à perdre raison."

Je regardais à nouveau mon billet,
qui soudainment parlait.
Surprise et étonnée,
Je fus presque obligée de l'écouter.

Et voici,
tout ce qu'il m'a dit:
"Oui j'ai dit que j'ai eu peur,
car j'entendais au loin un moteur,
Et j'aurai pu me faire écraser
Heureusement, au bon moment tu es arrivée
Tu sais j'en ai fait du chemin,
Mais cette fois-ci j'ai bien cru que ce serait la fin."

"Quand je suis né,
J'ai immédiatement commencé à voyager.
Tu ne croirais peut-être pas,
mais j'ai été jusqu'à Cuba.
Peut-être que tu te demandes quels pays j'ai préférés,
vu que j'ai tant voyagé,
mais pour bien t'avouer,
Je les ai tous adorés."

"Crois-moi j'ai rencontré toutes sortes de gens,
Des riches, jusqu'aux mendiants.
Les riches ne m'ont pas trés remarqué,
Mais dans le coeur des pauvres je suis resté,
Car j'ai su les aider
Et ils m'ont bien apprécié."

"Oui j'ai servi à faire bien des choses...
Aux amoureux, à acheter une rose.
Aux malades, à les guérir.
Aux voyageurs, à partir.
Aux bandits, à tuer.
Aux voleurs, à voler.
Et aux gens au grand coeur, à donner.
Tout ce que tu peux imaginer,
Je l'ai fait.
Quelques fois avec regret,
et d'autres avec plaisir."

"Toi tu n'es qu'une autre personne à qui je vais appartenir
Mais si tu veut être gentille envers moi,
J'aimerais bien cela si tu me gardais que pour toi,
Car les années ont très vite passé
et je commence à être fatigué et âgé."

"Oui, j'aimerais finir mes jours en paix,
car je crois que j'en ai assez fait.
Et si tu veux me garder,
Je suis sûr que l'on va vien s'accorder."

Je lui répondis, "Oui, ne t'en fait pas petit billet,
Avec moi, jusqu'à la fin de tes jours, tu seras en paix.

Sylvie Giguère
Secondary II

MEET THE STAFF...

Sister Murphy
English

Miss de Mello
English

Mrs. Hamilton
English, History

Mrs. Cochrane
Drama, English

Sister Elliot
English, Business
Communications

Mrs. Reid
English, Business
Communications,
N.A.L.

Miss Mann
French, History

Mme. Lahaye
French

Mme. Habachi
French

Miss Potter
History

Mme. Lawskowsky
French

Mrs. Allen
Spanish, French

Soeur Hachette
French

Mrs. Calinoiu
Mathematics

Mrs. Wood
Chemistry, Physics
Science

Mrs. di Pietro
Mathematics

Miss Vogt
Science

Mrs. Ayoub
Mathematics

Mrs. Simon
Biology

Mrs. Dobby
Mathematics

Miss Peirce
Mathematics
Chemistry

Miss Potter
History

Miss McGill
Geography

Ms. Taylor
Geography

Mrs. Church
Art

Mrs. Makin
Music

"Who left the encyclopedia
out on the table?

Mrs. Watson
Physical Education

Mrs. Cummings
Physical Education

Mr. Poisson
Religion

Mrs. Schwartz
Religion

UNLIMITED TIME. . .

Mr. Sicard
Business
Administrator

Mr. Molnar &
Mrs. Francis
Kitchen staff

Mrs. Hammond
Portress

Mrs. Richardson
Accountant

Mrs. Hollett
Boarder
Coordinator

Mr. Primo
Business
Administrator

Mrs. Russell
Accountant

. . . AND SERVICES

Mrs. Philips
Librarian

Mrs. Higgins
Secretary

Miss Carbone
Guidance Councillor

Mrs. Berger
Secretary

Mrs. Taylor
Boarder
Coordinator

YEARBOOK STAFF

Throughout the years at Sacred Heart each one has felt the warmth of friends, helping them through the times. This book is a memory of those happy, yet sometimes trying days. Each day had a purpose and it is too bad that we are unable to capture all the "special moments" between friends.

"Come September
We'll all remember
Our convent days and friendships true"

My deepest gratitude to all those who have helped in producing this "memory of friendship".

Kathy Wilson
Editor-in-chief

Co-Editor: Natalie Bowen
Photographers: Robin Pope
Kim Drummond
Andrea Mulherin
Layout: Maria Wajda
Copy: Alex Von Schroeter
Daryl-Lynn Dagenais
Advertizing: Toni Miaoni
Rosemary Oman
Creativity: Chris Gerber
Treasurer: Carmelina Calabrese
Secretary: Penny Webster

Yearbook Advisors:
Mrs. Dobby
Miss Mann

SILVER PATRONS

A.E. Lepage & Westmount Realties Inc.
2075 University St.
Montreal, Quebec
H3A 2L2

Brown and Ryan Limited
360 St. Jacques St.
Montreal, Quebec
H2Y 1P5

Compliments of **ANONYMOUS**

Compliments of **MR. AND MRS. PETER LEE POY**

Consolidated Bathurst Limited
P.O. Box 69
Montreal, Quebec
H3C 2R5

Double Hook Book Shop Inc.
1235A Greene Avenue
Westmount, Montreal, Quebec
H3Z 2A4

Marianopolis
3880 Cote des Neiges
Montreal, Quebec

Muir Driving School Ltd.
4937 Sherbrooke St. West
Montreal, Quebec
H3Z 1H2

Roy Electrique Inc.
90 Ste. Foy
Longueuil, Quebec

West Chemical Products
5623 Casgrain
Montreal, Quebec
H2T 1Y2

GOLD PATRONS

Campbell and Kennedy (Quebec) Limited
2125 Madison Avenue
Montreal, Quebec

Compagnie Petroliere Imperiale Ltee

Compliments of **A FRIEND**

Compliments of **MR. WILLIAM I. ROBINSON**
CONGRATULATIONS TO THE GRADUATES

Howarth's of Canada Limited
1444 St. Catherine St. West

Logistec Corporation
276 St. Jacques, suite 901
Montreal, Canada
H2Y 1N3

Price Waterhouse Associates
1200 McGill College Avenue
Montreal, Quebec
H3B 2G4

Roy Nat Ltd.
1200 St. Martin O.
Chomedy, Quebec

Rudolf Van Der Walde (Canada) Limited
1084 Church Avenue
Montreal, Quebec
H4G 2N6

Thorne Riddell & Co.
Suite 2500, 630 Dorchester Blvd. W.
Montreal, Quebec
H3B 1W2

The Bank of Montreal
Sherbrooke & Guy

MESSAGES FROM FRIENDS